



Scouts

88th Stirling
(Braehead)

Camp at home Breakfast Suggestions

Basic Pancake Ingredients

Ingredient's Required:

100g Self Raising Flour
1 Tablespoon pf vegetable oil
2 Large Eggs
300ml Milk

Step by Step Recipe:

<https://www.bbcgoodfood.com/recipes/easy-pancakes>

Basic Eggy Bread Recipe

ingredient's Required:

2 Medium Eggs
1 Tablespoon of Milk
2 Slices of your Chosen Bread
1 Tablespoon of Butter

Step by step Recipe:

<https://www.bbcgoodfood.com/recipes/eggy-bread>

Alternative Breakfasts

Cereal / Porridge



Roll & Square Sausage



Toast



Bowl of Mixed Fruit





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Camp at home Lunch Suggestions

Super Noodles and Smoked Sausage

Ingredients:

Super Noodles of your choice
Smoked sausage of your choice



Slice the sausage.

Cook the noodles on the hob following the instructions on the pack.

Mix in the sliced sausage and simmer until the water evaporates and the noodles are cooked.

Serve!!

Traditional Camp Lunch

Sandwich(s)
Crisps
Fruit
Diluting juice
Chocolate Biscuit



Alternative Lunch Options

Homemade Pizza



Toasties



Soup





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Camp at home Dinner Suggestions

Fajitas

For Fajitas there are a couple of options, the easy way that comes out of a box, or the more authentic way that requires having several different spices in stock.

Easy:

1 fajita kit including wraps, mixed spices and salsa

Chicken diced or sliced

Some Peppers

An Onion

Your choice of toppings e.g. cheese, salad, sour cream, guacamole etc.

Authentic:

<https://www.bbcgoodfood.com/recipes/easy-chicken-fajitas>

Vegetarian:

<https://www.bbcgoodfood.com/recipes/veggie-fajitas>

Macaroni Cheese

Ingredients:

1 package (7 ounces) elbow macaroni

1/4 cup butter, cubed

1/4 cup all-purpose flour

1/2 teaspoon salt

Dash pepper

2 cups whole milk

8 ounces sharp cheddar cheese, shredded

Paprika, optional

Step by Step Recipe

<https://www.tasteofhome.com/recipes/stovetop-macaroni-and-cheese/>

Alternative Dinner Options

Burgers



Kebabs



Bolognese

